

**SPRING 2025 NEWSLETTER** 

#### YOUR IMPACT



Thanks to your support in recent months, we've provided essential items to people we serve, including:

- New mattresses/box springs to replace worn-out ones
- **Hoyer lifts** to assist with transferring from a bed to wheelchair or chair to bathtub
- Blood pressure monitors for in-home health tracking
- Orthopedic shoes to reduce neuropathy-related pain
- Food gift cards to offset the rising cost of groceries
- Markers and coloring books to promote mental well-being and unlock hidden artistic talents
- Bed rails for safer entry and exit from bed
- **Transport chairs** for visits to neighbors and appointments
- Foot baths to support individuals with diabetes

Your generosity is making a real difference—thank you!

#### IN OUR COMMUNITIES

Every Age, Every Ability is a campaign that uplifts the voices of older adults and people with disabilities, promoting inclusion and equity through the lived experiences of Connecticut residents. The campaign is meant to catalyze conversation and inspire locally tailored, community-driven efforts. The Collaborative, a CCC initiative, is



committed to fostering aging, dementia, and disability-inclusive communities where we all thrive as we grow up and grow older.

Thriving at home requires Connecticut communities to be designed to support and meaningfully engage residents across their lifespan.

To learn more, visit ctagewellcollaborative.org.

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### **JULIE'S NOTE**



You can trust that in the middle of all the noise and change swirling around us, we remain rooted through our purpose-

driven work. As a matter of fact, right now, one of our dedicated professional care managers is sitting beside someone in need-listening, guiding, and helping them move toward a life of greater quality, comfort and independence in their home and community.

From the very first conversation to the development and fulfillment of personalized care plans with goals and a lot of support, our committed teams work creatively to impact the lives of the people we serve—always with compassion at the core.

But none of this would be possible without you. Your generosity, encouragement, and support boost us every day, fueling our mission and making a real difference.

Because of you, the lives of older adults and people with disabilities are enhanced. Your kindness leaves a lasting impact, and we are grateful beyond words, especially now. Thank you for continuing to stand by our side in this most purposeful work.

With heartfelt appreciation, Julie

# **JAIME'S STORY: Embracing Life With Enthusiasm**



Jaime finds joy in caring for his pet dog and bird, spending time with his brothers, and dancing to salsa music. His passion for creativity and connection has only grown stronger throughout a brain tumor diagnosis and recovery. While he navigates

some physical limitations—such as the need to avoid overexertion and bending due to a cerebral shunt-Jaime continues to embrace life with enthusiasm.

Through the state's Acquired Brain Injury Waiver, Jaime was introduced to Sylvia, an Independent Living Skills Trainer and James, a CCC Care Manager who recognized his love for the arts. With their support and the encouragement from his mother, Jaime joined The Art of Wellbeing, a free arts program run by Mental Health Connecticut. Since then, he is more engaged with those around him and slowly working toward becoming more independent in daily life. His short-term memory is improving, and he is beginning

to complete daily tasks with less prompting and cueing.

To nurture Jaime's creativity, CCC provided him with his own desk, made possible by generous donations to the Live Home Support/Independent Living Fund. This dedicated space allows him to focus on his artistic projects and personal growth.

Now, Jaime and his CCC Care Manager, James are working toward a new long-term goal: obtaining assistive technology to enhance his communication and cognitive skills. With this technology, Jaime's desk will become an even more valuable tool, helping him continue his journey of self-expression and independence.

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Flip the Script: Every May, the Administration for Community Living (ACL) leads the nation's observance of Older Americans Month (OAM), a time to recognize older Americans'

contributions, highlight aging trends, and reaffirm our commitment to serving older adults.

The 2025 theme, Flip the Script on Aging, focuses on transforming how society perceives, talks about, and approaches aging. It encourages individuals and communities to challenge stereotypes and dispel misconceptions.

Get involved with Every Age, Every Ability - Connecticut Age Well Collaborative right here in our state!

Relatedly, please see the following announcement dated March 27, 2025 about the future status of the Administration for Community Living.

Read the announcement here.

## Help People **Thrive at Home**

Consider becoming a monthly donor as a way of helping people live their best lives at home. To set up recurring monthly donations, visit ctcommunitycare.org/give-a-gift.

Leave a legacy for future generations by exploring planned giving opportunities. To learn more, call Diane Edwards, Director, Development at 860-314-2225.

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